



Social Media Agreement

In order to have or be on one or more social media networks, you must agree to the following:

I. Usage and Settings

- I will get my parents' approval before joining or downloading any social media network or app.
- I will let my parents format my privacy settings on each one of my accounts.
- I will tell my parents all of my passwords to all of my social media accounts and no one else...and I won't change any passwords without their permission.
- I will allow my parents to do random, unannounced cell phone/tablet/laptop checks and reset my passwords whenever they see fit.
- I will not delete any history or have any social media account that my parent does not know about.

II. Public Activity

- I will not put out any private or personal information without my parents' consent.
- I will not put out pictures of myself without my parents' consent.
- I will not put out pictures of my family or friends without their consent.
- I will not put out anything that is distasteful or inappropriate.
- I will get my parents' approval before following anyone I don't personally know.
- I will not post or share anything I don't want my parents to see.
- I will not unfriend, unfollow or block my parents on any of my social media networks.

III. Personal Activity

- I will not meet up with anyone who I have first met through a social media network.
- I will not partake in cyber bullying or posting anything rude or hurtful, but I will let my parent know if any of my friends are participating in cyber bullying.
- I will immediately tell my parents if I am the target of any cyber bullying.
- I will not let my academic standards suffer due to social media usage.
- I realize that putting out certain types of pictures, materials or information on social media networks is illegal.
- I will follow the "no tech times/zones" determined by my parents.
- I will be on social media for no longer than _____ on weekdays and _____ on weekends.
- I will not be on social media past ___p.m. during the week and ___p.m. on the weekend.

IV. Consequences

- I realize that my parent will choose one or more of the following consequences if I break any of the criteria mentioned above:

- _____
- _____
- _____
- _____

V. Final Words

- Regarding your social media usage, you have freedom within these criteria, not outside of them.
- This Social Media Agreement can change overtime due to more freedom or changes in the social media world.

VI. Signature

- I, _____ agree to follow the criteria above in order to have the privilege of using social media. I also understand that my parents have put these criteria in place to help me be socially smart.
➔ Child: _____ Date: _____
- I, _____ agree to allow my kid to use social media to the extent that he/she are willing to follow the criteria mentioned above. I will believe the best about him/her and respect his/her privacy and freedom within the agreed upon criteria.
➔ Parent: _____ Date: _____